



Dear guest,

for our services to be efficient we would like you to read, follow and be aware of the following list of rules/suggestions:

Strictly forbidden:

- To smoke inside the houses/rooms/bungalows or to light any type of candles;
- The consumption of alcohol and drugs;
- Harassment of any kind has no place in Intercultural Association Mobility Friends. Our campus is free from intimidation, insult, ridicule based on race, color, religion, gender, or national origin, or any harassment of a sexual nature;
- The entrance of people that do not belong to the group or AIAM's staff MUST be cleared by the reception's Staff;
- The entrance of animals, except for the guide dogs assisting visually impaired people;
- To make any kind of noise between 22:00 (10pm) and 7:00 (7am) that can disturb the other guests and/or neighbors (this includes loud conversations and music).

Be aware:

- The Association will charge the participants for any damages or losses caused by them (this includes the 1 pairs of sheets, 1 pair of towels and 1 blanket provided by AIAM or destruction of any kind inside the houses or rooms);
- Close all the windows and doors, switch off the lights and turn off all the equipment before leaving the accommodation;



- Whenever you leave the room you MUST hand the key at the reception, for the safety of your personal belongings;
- Dispose of toilet paper, pads and tampons in the waste bin;
- All forgotten belongings will be kept for one month;
- All canteen meals are pre-planned according with participants on campus; if you wish to have breakfast/lunch/dinner outside (or have a barbecue inside of the campus), please inform the receptionist's staff beforehand.

House Cleaning:

- The rooms are cleaned daily after the participant's departure;
- Note that AIAM won't be responsible for your belongings (such as wallets, loose money, personal objects, electronic devices, etc). Always keep your things in a safe place.
- All things provided by AIAM should be given back before departure;
- Do not put your clothes and towels to dry on the handrail, chairs, etc... Please use the hanger. Remember that you will be responsible/charged for all the damages;
- The towels will be changed twice a week. Should you wish to change the bedsheets, please contact the reception and as soon as possible clean bedsheets will be put in your room.



Commands for a good acquaintanceship

- You are social being, you need others and others need you, "UNION IS STRENGTH";
- Be careful with what you say, the words you use and your tone of voice;
- Do not hurt other people's feelings with mischievous pranks;
- Avoid the gossip and criticisms;
- Be an open-minded person. Respect other different people, opinions and points of view. Disagree without offending;
- Be optimistic and pleasant;
- Show some interest about the people you live with and support them;
- Do not make promises that you cannot keep.

CANTEEN RULES

- Keep your voice down;
- Keep the place neat and tidy;
- Wait in line for your turn;
- Do not leave trays on the table;



- Daily menu includes: 1 dish, 1 bread, 1 drink, 1 soup and 1 dessert;
- During Breakfast, each person is entitled to 2 pieces of Bread;
- 1 meal per person (if you want to repeat, speak first to the person who is serving)

DISCO RULES

- No smoking inside enclosed area;
- Do not drink alcohol, it is STRICTLY forbidden;
- Keep the place clean;
- Leave 5€ of caution whenever you request a game at the Reception (We have: Snooker, Ping-Pong, Chess and 2 Guitars available),

LAUNDRY RULES

- Prices: Washing Machine – 4.50€
- Drying Machine – 1.50€
- Keep the place clean;
- If there is a problem, go to the front desk and ask for help;



POOL RULES

- Use the shower before you go into the pool;
- Don't run from the grass into the pool, as the grass will stick to your foot and will soil the water; it's also dangerous to run on wet grass;
- Balls are not allowed in the pool;
- The life buoy is to use exclusively in case of emergency;
- The pool closes at 9pm.

FOOTBAL FIELD RULES

- When you go to the football field, you must wear sport shoes/cleats rubber pythons and sport clothes;
- The football field is open from 8am to 9 pm;
- Do not forget about fairplay;
- Do not eat inside the football field;
- Any damage caused by the participants will be charged by AIAM;



- Do not jump the fence in any case, if there's a problem, ask the Reception's Staff;
- Always ask at the reception for the ball and key to the gate if you need it;

Every participant must be inside the campus by 10pm!!

DO NOT FORGET, YOUR WORKING PLACE IS YOUR SECOND HOME!

ALL CAMPUS IS ON SURVEILLANCE CAMERAS 24/7